# Introducing Tween Talk

Social skills are important for making friends, understanding social situations, getting assistance from others and even success as an adult in the workplace – and there's no better time to learn and improve these social skills than during the "tween" years!

That's why Guide Dogs Victoria has created Tween Talk – an online social skills program aimed specifically at "tween" aged participants (8-12 years old).

# Tween Talk aims to improve:

- Socialisation
- Conversation skills.
- Confidence
- Body language
- Self-presentation skills

### When:

Tween Talk sessions will be held fortnightly during Term Three, after school hours. Sessions will last approximately one hour but please allow some time either side.

- Monday 20 July at 4.30 pm
- Monday 3 August at 4.30 pm
- Monday 17 August at 4.30 pm
- Monday 31 August at 4.30 pm



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There is an expectation that participants attend all sessions where possible and complete any activities that may be set in between sessions.

## Where:

Sessions will be held online, via the popular video platform, Zoom. To attend, we require participants to have access to a reliable device with stable internet connection, and to be familiar with using Zoom.

### Who:

Tween Talk sessions will be facilitated by Guide Dogs Victoria Occupational Therapists and Orientation and Mobility Specialists.

While parents or guardians need not join in, it is beneficial that you are present at the start of each session and available throughout should the need arise.

## How much:

This program has been made possible due to the contributions of the Shine On Foundation.

For students with an NDIS plan, the estimated cost of the program will be approximately \$90 (4 x one-hour sessions at \$21.53 per session). NDIS funding covers the service delivery of Occupational Therapy and Orientation and Mobility during the program but does not cover the development and implementation of the program.

# Interested? Get in quick!

Places will be limited. For more information or to express your interest, please contact Customer Service on **1800 804 805 by no later than COB Monday 13 July 2020**.