Neurological Vision Services

Equipping you for independence and recovery following a neurological event.

About Guide Dogs SA/NT

For more than 65 years, Guide Dogs SA/NT has been helping people living with vision loss to achieve their goals and live the way they want. Although known for our iconic Guide Dogs, we also offer many other Vision Services to meet your needs, delivered by our professional and supportive team.

What is a neurological event that might affect your vision?

A neurological event is any condition that affects the brain, spinal cord and/or nervous system, such as:

- Stroke
- Acquired Brain Injury
- Optic Nerve Disorders
- Eye Movement Disorders

Guide Dogs SA/NT is here to support you to build your confidence and independence by providing the right services and strategies for your personal journey.

What services can you access and how will they help?

No matter how a neurological event happens, readjusting to daily life with a change in vision can be challenging.

Our Neurological Vision Services will support you in adjusting to vision changes by equipping you with valuable skills at home and in the community, including:

- Vision assessments and support: Receive specialist advice to find the right strategies and services to suit your level of vision now and as it changes.
- Occupational Therapy: Identify personal goals and learn the practical skills to achieve them. These can include cooking, returning to hobbies or finding new ones, caring for your family and living independently at home.
- Orientation and Mobility: Master the concepts and abilities needed to move through your environment safely and confidently.
- Assistive technology: Whether it's using your phone, specific aids like
 magnifying devices or water level indicators, together we can help you find
 technology that suits your lifestyle and needs.
- Social and educational groups: Connect with others, make new friends, access peer support groups and socialise with like-minded people.

Being equipped with the right tools and learning opportunities will ensure you can live as independently as possible following a neurological event causing vision loss.

Who is eligible for Neurological Services?

Regardless of your age, if you have suffered a neurological event that has caused a change in your vision, we have services to help you achieve your goals, big and small.

If you are still unsure of your eligibility, please contact our friendly Client Support Team via the contact details on the back of this booklet.

What can support involve?

Support can start with assisting in a safe discharge from hospital, transferring between providers or anything in between.

We tailor our services to suit your needs, whether it's one or several sessions, or ongoing support.

Depending on your individual circumstances, your support might take place at home, alongside family, with your wider support team, or out and about in the community.

How is support tailored for your situation?

Every neurological event and vision condition is different. Our services are

tailored to suit your personal needs, lifestyle and support you to achieve your specific goals.

Following an assessment to understand your vision level and its particularities, the next step is to discuss your goals and work towards them together. We can even work with your existing rehabilitation team to best support you. As your needs change over time, our team of vision specialists draw on their qualifications and expertise as Occupational Therapists (OTs) and Orientation & Mobility Instructors (OMIs) to ensure we are able to best support you.

When should I enquire?

Don't wait for a diagnosis to contact Guide Dogs SA/NT about how we can support you. If vision loss is impacting your daily life, reach out to our Client Support Team, who will help you take the next steps in your journey.

How do I make an enquiry?

To enquire about services or make a referral, visit: sant.guidedogs.com.au/request-a-service or get in touch using the contact details on the back of this booklet. If you're ready to make a referral, we welcome self-referrals or referrals from any health professional, carer, family member or friend. Please ensure you have the consent of the person you would like to refer before requesting services on their behalf.

- Call 1800 757 738
- Visit <u>sant.guidedogs.com.au/request-a-service</u>
- Email mailto:support@guidedogs.org.au

What funding is available?

You may be eligible or already receiving funding from a range of sources including, but not limited to:

- NDIS (Guide Dogs SA/NT is a registered NDIS provider)
- My Aged Care
- Children and Students with Disability (Department for Education)
- Department of Veterans Affairs

Support for some of our services is also available through agreements with other support agencies, or our own charitable endeavours.

For more information about funding support, contact our Client Support Team using the details on the back of this booklet.

Guide Dogs SA/NT contact details

251 Morphett Street, Adelaide SA 5000.

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